



# Referee/Starter Clinic

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# Welcome

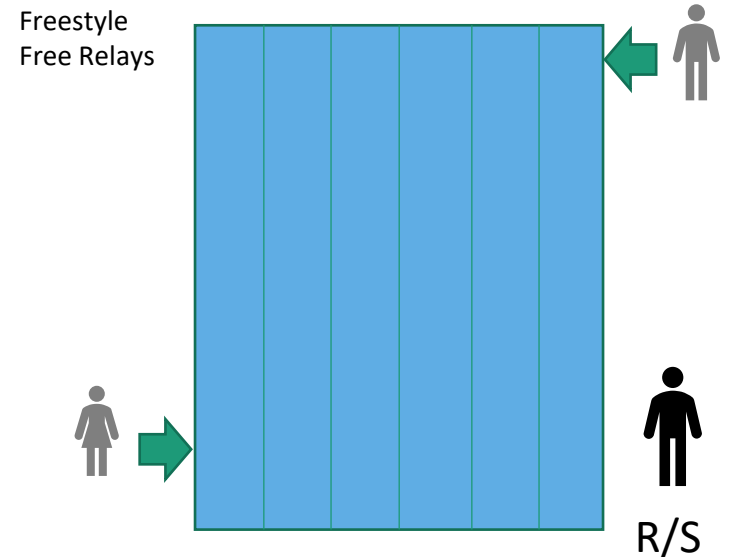
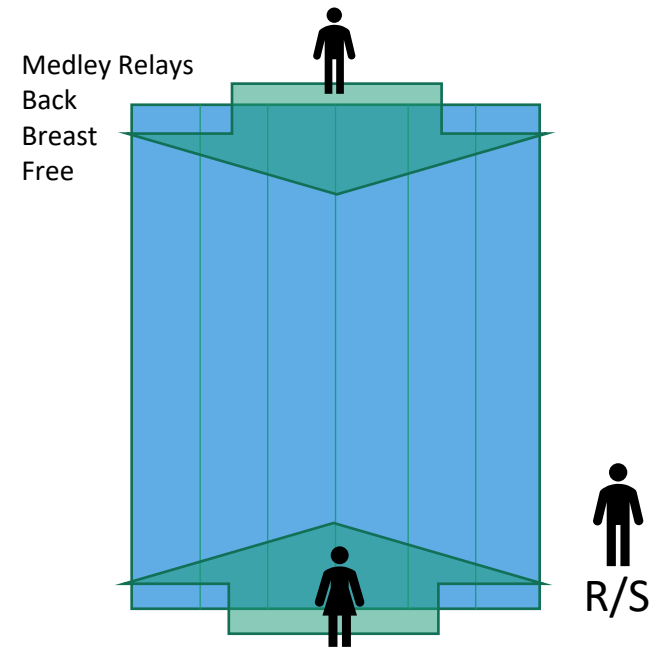
- Sign-In
  - Name, Email, Phone, Team
- Materials
  - Official's Briefing
  - Timer's Briefing
  - DQ slips
  - Presentation will be emailed
- Agenda
  - General Expectations
  - Jurisdiction
  - Helpful Hints
  - Starts
  - Links

# General Expectations

- Referee/Starter is in charge of the deck
- Give all Swimmers a fair start
- Recommendations to combine events, fly-overs, etc. Check with coaches
- Substitutions if swimmer misses a heat
- Work with Coaches for Bad Weather – Get through Freestyle!

# Jurisdiction

- For 2022, ST Officials to be stationed at the start/turn ends of the pool, they may move to corners for freestyle relays and freestyle stroke events (See diagram)
- False Starts – if Obvious during Dual Meets



# Helpful Tips –

- ✓ **Be Chill and Smiley**
- ✓ Lead the timers meeting to set authority, make announcements, set breaks, etc.
- ✓ Check the equipment to make sure it's working or even charging the night before. Check no issues moving the equipment
- ✓ Place equipment to where all swimmers (even in furthest lane) can hear.
- ✓ Starter Backup Plan and help grow this skill set
- ✓ Use a podium
- ✓ Mark off events after they finish
- ✓ Write when timers need to move – write your script
- ✓ Do Fly-overs for the 50s
- ✓ OK to shush the crowd
- ✓ Ask coaches/parent to stand with 8 & U to help ensure a clean start
- ✓ *Over time, a natural cadence will develop that will set the pace for the meet as a whole.*



# Starts

“Take your Mark Get Set Go”

- All Events (except Backstroke)
  - 4+ **short whistles**
  - **Announce Event, Stroke, Heat**
  - **1 Long Whistle** (swimmers step up on block, side of pool, in water, on gutter)
  - **“Take your Mark”**
  - Swimmers come down together\* and still
  - **pause**
  - **BEEP**
- Hints:
  - ***Patient***, invite them to swim
  - Cleansing breath after long whistle
  - Think at a slow, even cadence, *Take your Mark, Get Set, Go* in a single breath
  - Watch swimmers until all heads pop up
  - \*Best judgement with “wigglers”
  - Begin blowing short whistles when the last swimmer is short of the flags
  - Game Plan for Recall events
  - When to “Stand”, “Relax”, “Step Down”
- Backstroke
  - 4+ **short whistles**
  - **Announce Event, Stroke, Heat**
  - **1 Long Whistle** – (swimmers get in water)
  - **1 Long Whistle** – To place feet
  - **“Take your Mark”**
  - Swimmers Set – still
  - **pause**
  - **BEEP**

# Links

- Lane Timer's Briefing:  
[https://www.teamunify.com/szkyslsc/UserFiles/Image/QuickUpload/lan e-timers-briefing\\_063936.pdf](https://www.teamunify.com/szkyslsc/UserFiles/Image/QuickUpload/lan e-timers-briefing_063936.pdf)
- Guide to Officiating – Starter  
<https://www.teamunify.com/szkyslsc/UserFiles/File/a-CHAPTER%203%20Starter%20October%202006.pdf>
- The Professional Starter:  
<https://www.teamunify.com/szkyslsc/UserFiles/File/Starter%20The%20Professional%20June%202012.pdf>
- False Start Description:  
<https://www.teamunify.com/szkyslsc/UserFiles/File/What%20is%20a%20False%20Start%209-7-12.pdf>
- Guide to Officiating- Referee  
<https://www.teamunify.com/szkyslsc/UserFiles/File/a-CHAPTER%201%20Referee%20October%202006.pdf>
- The Professional Referee:  
<https://www.teamunify.com/szkyslsc/UserFiles/File/Deck%20Referee%20The%20Professional%20Official%20June%202012.pdf>

# Exceptions

## 101.7 EXCEPTIONS

- .1 Starts: The use of whistle starts at dual meets is optional. Whistle start are encouraged, however, as they will be used at the Conference Championship Meet.
- .2 Backstroke turn: The swimmer may glide or kick into the wall in a non-continuous turning motion but only one arm pull is permitted.
- .3 Backstroke starts: a towel may not be placed in the gutter for backstroke starts or turns. Use of swimmer“ legs is not allowed for start of backstroke
- .4 15 meter mark (16.4 yards): This rule may only be enforced if there is an adequate marker to indicate 15 m. for both swimmer and official.